

Prolonging Working Life among Senior Workers

Radisson Blu Hotel, Malmö, Sweden

13.5 – 15.5.2025

Tuesday, 13.5.2025

9.30 - 9.45	Course registration	
9.45 - 10.00	NIVA welcome and general information	Nora Tobiasson, NIVA
10.00 - 10.30	Introductions Scope and purpose of the course Learning objectives	Lars Andersen, NFA
10.30 - 11.00	<i>Coffee break</i>	
11.00 - 11.45	Reasons for leaving or staying in the labour market: Push, stay, stuck, pull and jump factors – part 1	Lars Andersen, NFA
11.45 - 12.30	Reasons for leaving or staying in the labour market: Push, stay, stuck, pull and jump factors – part 2	Lars Andersen, NFA
12.30 - 13.30	<i>Lunch</i>	
13.30 - 14.15	The good transition from work to retirement – part 1	Sari Stenholm, University of Turku
14.15 - 15.00	The good transition from work to retirement – part 2	Sari Stenholm, University of Turku
15.00 - 15.30	<i>Coffee break</i>	
15.30 - 17.00	Group work, discussion and reflections on today's topics	Facilitators: Lars Andersen, Sari Stenholm
19.00	<i>Dinner at the hotel</i>	

Wednesday, 14.5.2025

9.00 - 9.45	Pros and cons of new technologies – part 1	Emil Sundstrup, NFA
9.45 - 10.30	Pros and cons of new technologies – part 2	Emil Sundstrup, NFA
10.30 - 11.00	<i>Coffee break</i>	
11.00 - 11.45	Skills development and lifelong learning – part 1	Karina Seeberg, NFA
11.45 - 12.30	Skills development and lifelong learning – part 2	Karina Seeberg, NFA
12.30 - 13.30	<i>Lunch</i>	
13.30 - 15.00	Group work, discussion and reflections on today's topics	Facilitators: Emil Sundstrup, Karina Seeberg
15.00 - 15.30	<i>Coffee break</i>	
18.00 -	<i>Social program: a cooking class and a three-course dinner at Rent a Chef.</i>	

Thursday, 15.5.2025

9.00 - 9.45	Adaptation strategies among senior workers: Selection, optimization and compensation – part 1	Annette Meng, NFA
9.45 - 10.30	Adaptation strategies among senior workers: Selection, optimization and compensation – part 2	Annette Meng, NFA
10.30 - 11.00	<i>Coffee break</i>	
11.00 - 11.45	Inclusion and diversity at the workplace: An age perspective – part 1	Suzanne Merkus, STAMI
11.45 - 12.30	Inclusion and diversity at the workplace: An age perspective – part 2	Suzanne Merkus, STAMI
12.30 - 13.30	<i>Lunch</i>	
13.30 - 14.15	Discussion and reflections	Facilitators: All lecturers
14.15 - 14.45	Closing of the course	Lars Andersen, Nora Tobiasson