

Occupational Health Research Using Job Exposure Matrices (JEM)

28.04.2026- 29.04.2026

STAMI, Oslo, Norway

Tuesday, 28.04.2026

08.30-09.00 Course registration

09.00-09.10 NIVA welcome and general information

Nathalie Räihä, NIVA

09.10-09.30 Introduction

Ragnhild Østrem, STAMI

09.30-10.15 **What is a JEM?**

Eirik Degerud, STAMI

10.15-10.45 *Coffee break*

10.45-11.30 **Does the perfect JEM exist?**

Susan Peters, UU

11.30-12.30 *Lunch*

12.30-13.15 **Validity of JEM**

Ståle Østhus, STAMI

13.15-14.00 **Challenges in the application of JEM "elsewhere"**

Alexis Descatha, Inserm Univ Angers -CHU Angers/ Indiana Univ- Northwell-Hofstra

14.00-14.30 *Coffee break*

14.30-15.15 **JEM in publications - Editors perspective**

Annina Ropponen, FIOH/SJWEH

15.15- 16.00 Group discussion

17.30- *Social program and dinner: Paint workshop at [Paint and sip](#) followed by Dinner.*

Wednesday, 29.04.2026

09.00-09.45 **Practical applications of JEM and analytical decisions**

Karina Undem, STAMI

09.45-10.30 **Measuring it all? The Case of SweJEM**

Jenny Selander, Karolinska Institutet

10.30-11.00 *Coffee break*

11.00-11.45	The PRECISE JEM: Why pregnancy needs its own JEM	Luise Mølenberg Bergtrup, Bispebjerg Hospital
11.45-12.30	Measuring emotional demands with JEM- an example	Tom Sterud, STAMI
12.30-13.30	<i>Lunch</i>	
13.30-14.30	Group work – case study	
14.30-15.00	Discussion and reflections	
15.00	Closing of the course	