

Occupational Health Research Using Job Exposure Matrices (JEM)

28.04.2026- 29.04.2026

STAMI, Oslo, Norway

Tuesday, 28.04.2026

8.30–9.00 Course registration

9.00–9.15 NIVA welcome and general information

Nathalie Räihä, NIVA

9.15–9.30 Introduction

Ragnhild Østrem, STAMI

09.30–10.15 **What is a JEM?**

Eirik Degerud, STAMI

10.15–10.45 *Coffee break*

10.45–11.30 **Does the perfect JEM exist?**

Susan Peters, UU

11.30–12.30 *Lunch*

12.30–13.15 **Validity of JEM**

Ståle Østhus, STAMI

13.15–14.00 **Challenges in the application of JEM "elsewhere"**

Alexis Descatha, Inserm Univ Angers -CHU Angers/ Indiana Univ- Northwell-Hofstra

14.00–14.30 *Coffee break*

14.30–15.15 **JEM in publications - Editors perspective**

Annina Ropponen, FIOH/SJWEH

15.15–16.00 Group discussion

18.00– *Social program and dinner*

Wednesday, 29.04.2026

9.00–9.45 **Practical applications of JEM and analytical decisions**

Karina Undem, STAMI

9.45–10.30 **Measuring it all? The Case of SweJEM**

Jenny Selander, Karolinska Institutet

10.30–11.00 *Coffee break*

11.00–11.45	The PRECISE JEM: Why pregnancy needs its own JEM	Luise Mølenberg Bergtrup, Bispebjerg Hospital
11.45–12.30	Measuring emotional demands with JEM- an example	Tom Sterud, STAMI
12.30–13.30	<i>Lunch</i>	
13.30–14.30	Group work – case study	
14.30–15.15	Discussion and reflections	
15.15– 15.30	Closing of the course	