

## Health Promoting and Sustainable Leadership

Clarion Hotel Sign, Stockholm, Sweden

15.11.2022 – 17.11.2022

### Tuesday, 15.11.2022

9.15–9.30	Course registration & coffee	
9.30–9.45	NIVA welcome and general information	Linda Oksanen, NIVA
9.45–10.30	<b>Introductions</b> Scope and purpose of the course Learning objectives	Lotta Dellve, GU Andrea Eriksson, KTH
10.30–11.15	<b>Health promoting leadership in Nordic countries: concept and scope</b>	Andrea Eriksson
11.15–12.00	<b>Cont. incl discussion</b>	
12.00–13.00	<i>Lunch</i>	
13.00–13.45	<b>Health promotion through Nordic and global goals of sustainability and sustainable developments</b>	Lotta Dellve
13.45–14.30	<b>Cont. incl discussion</b>	
14.30–15.00	<i>Coffee break</i>	
15.00–16.30	<b>System approaches to understand complex health promoting and sustainable conditions</b>	Lotta Dellve
18.30 –	<i>Dinner at the hotel</i>	

### Wednesday, 16.11.2022

9.00–9.45	<b>Improving health promoting and sustainable leadership: (a) Strengthening leaders' preconditions</b>	Lotta Dellve Andrea Eriksson
9.45–10.30	<b>Group work / discussion</b>	Cont.
10.30–11.00	<i>Coffee break</i>	
11.00–11.45	<b>(b) Strengthening distributed leadership, democratic values</b>	Cont.
11.45–12.30	<b>Group work / discussion</b>	Cont.

12.30–13.30	<i>Lunch</i>	
13.30–14.15	<b>(c) Strengthening learning climate and evaluations</b>	Cont.
14.15–15.00	<b>Group work / discussion</b>	Cont.
15.00–15.30	<i>Coffee break</i>	
17.00–21.45	<b>Social program: A guided tour at the <a href="#">Vasa Museum</a> and dinner at <a href="#">Wärdshuset Ulla Winbladh</a></b>	
17.00	Taxi to the museum	
17.30	Guided tour	
18.00	Possibility to watch a film about Vasa or to explore the museum on your own	
18.45	Short walk (5 min) to the restaurant Wärdshuset Ulla Winbladh	
19.00	Dinner	
21.30	Taxi back to the hotel	

Thursday, 17.11.2022

9.00–9.45	<b>Leadership qualities and employee health and wellbeing</b>	Sigrún Gunnarsdottir
9.45–10.30	<b>Cont. incl discussion Group work / discussion</b>	Cont.
10.30–11.00	<i>Coffee break</i>	
11.00–11.45	<b>Health promoting and sustainable leadership in crisis</b>	Sigrún Gunnarsdottir
11.45–12.30	<b>Group work / discussion</b>	Cont.
12.30–13.30	<i>Lunch</i>	
13.30–14.15	<b>Participant's presentations</b>	
14.15–14.45	Closing of the course	Lotta Dellve Andrea Eriksson Linda Oksanen
14.45–15.00	<i>Coffee and farewell</i>	