

Promoting Occupational Safety and Health in Dentistry Organisations

Radisson Blu, Uppsala, Sweden

25.11.2025 – 26.11.2025

Tuesday, 25.11.2025

08.30 – 9.00	Course registration	
9.00 – 9.15	NIVA welcome and general information (15 min)	Nora Tobiasson, NIVA
9.15 – 10.00	Introductions Scope and purpose of the course	Charlotte Wåhlin
10.00– 10.30	<i>Coffee break</i>	
10.30–11.15	Lecture: Safe, Sound, and Fair: Advancing Occupational Well-being through Systematic Work Environment Management	Minke Wersäll
11.15–11.30	Reflection in groups	
11.30–12.15	Lecture: Job resources, job demands work engagement and burnout in dentistry	Jari Hakanen
12.15–12.30	Reflection in groups	
12.30–13.30	<i>Lunch</i>	
13.30–14.15	Lecture: Leadership and Psychosocial Safety in Dentistry: Creating a Healthy Work Environment for Quality Care	Hanne Berthelsen
14.15–14.30	Reflection in groups	
14.30–15.00	<i>Coffee break</i>	
15.00–15.45	Lecture Exposure and risk factors for musculoskeletal disorders among dental professionals	Jens Wahlström
15.45–16.45	Reflection and group discussions based on scenarios and today's lectures	All participants
18.00 –	<i>Social program and dinner</i>	

Wednesday, 26.11.2025

9.00–9.45	Lecture: Building Capacity for Occupational Safety and Health: Maximizing the Value of Psychosocial Risk Assessments in Dentistry. Including group reflections	Hanne Berthelsen
9.45–10.30	Lecture: Ergonomics in Dentistry: What we know and why it matters. Including group reflections	Jens Wahlström
10.30–11.00	<i>Coffee break</i>	
11.00–11.45	Lecture: Fit for work – adaptations in the workplace promoting work ability: from research to practice Including group reflections	Charlotte Wåhlin
11.45–12.30	Workshop: Practical guidance to ergonomics in dentistry: equipment and tools, techniques, routines in daily practice	Charlotte Wåhlin Minke Wersäll
12.30–13.30	<i>Lunch</i>	
13.30–14.15	Reflections from participants Panel discussion: Future challenges for OSH in dental organisations	All lectures
14.15–15:00	Closing of the course <i>Coffee and farewell</i>	Charlotte Wåhlin Nora Tobiasson