

Safe Patient Handling and Movement

Scandic Linköping City, Linköping, Sweden

18th – 20th of October 2022

Tuesday, 18.10.2022

First day: Setting the scene

 9.15–9.40 *Course registration and coffee*

9.45–10.00 NIVA welcome and general information

Cecilia Weckman, NIVA

 10.00–10.30 Introductions
 Participants' expectations
 Scope and course objectives

Charlotte Wåhlin

 10.30–11.30 Lecture and discussion:
 Musculoskeletal disorders in the healthcare sector - Overview
 of risk factors and interventions

Lars Andersen

 11.30–12.15 Lecture: Models of human factors and ergonomics in
 healthcare

Mike Frey

 12.15–13.15 *Lunch*

 13.15–14.15 Lecture: An organizational culture for safe and productive
 healthcare: individual drives, ethical value conflicts, and
 organizational support

Marianne Törner

Presentation of method for group discussion

 14.15–14.45 *Coffee break*

14.45–16.30 Group discussions based on today's lectures

All lecturers

 18.00 – *Dinner at the hotel*

Wednesday, 19.10.2022

Second day: Solutions for safe patient handling and movement

 9.00–9.45 Lecture: Lighten the load with a gender conscious OSH-
 management - a systematic approach

Minke Wersäll

 9.45–10.30 Lecture and hands on exercise:
 Methods for risk assessment promoting safe patient handling.
 The use of risk assessment in clinical practice – context,
 purpose, when and by whom?

Sebastian Buck

10.30–10.45 *Coffee break*

10.45–12.45 Lecture and discussion:
Interventions promoting safe patient handling/patient transfers **Charlotte Wåhlin**

Work Equipment/assistive devices for Safe Patient Handling and Movement **Mike Frey**

12.45–13.30 *Lunch*

13.30–15.00 Lecture and discussion:
Strategies to develop education and Patient handling training approaches for healthcare workers and instructors **Leena Tamminen**

E-learning courses and digital training for moving and handling people – theory and practice **Sebastian Buck**

15.00–15.30 *Coffee break*

15.30–17.00 Group work based on today's lectures All lecturers

17.00- *Social program and dinner*

Thursday, 20.10.2022

Third day: Strategies for implementation

9.00–9.45 Lecture: Policies and guidelines for Safe Patient Handling and Movement **Charlotte Wåhlin**

9.45–10.30 Lecture: Why do organizations change – and why don't they? Implementing and understanding change in organizations **Marianne Törner**

10.30–11.00 *Coffee break*

11.00–11.45 Lecture: How do we evaluate the effect? When does interventions work? For whom and when? Talk about measurements and outcomes. Examples from different types of interventions in the healthcare sector **Lars Andersen**

11.45–12.30 Group discussion based on today's lectures All lecturers

12.30–13.30 *Lunch*

13.30–14.00 Reflections from participants

14.00–14.45 Panel discussion Future challenges for the healthcare sector All lecturers

	Collaboration between stakeholders, a prerequisite for providing interventions for safe patient handling.	
14.45–15.00	Presentation of assignment for ECTS points for university studies Closing of the course	Lecturers Cecilia Weckman, NIVA
15.00	<i>Coffee and farewell</i>	