

A Life Course Approach to Work and Health

Fosshotel, Reykjavik, Iceland

4 – 6.10.2022

Tuesday, 4.10.2022

8.30–8.45	Course registration	
8.45–9.00	NIVA welcome and general information	Cecilia Weckman, NIVA
9.00–10.00	Mentor Introductions Participant Introductions	Ute Bültmann / Benjamin C. Amick
10.00–10.30	Overview of Course and Learning Objectives	All lecturers
10.30–11.00	<i>Coffee break</i>	
11.00–12.30	Life Course Principles in Work and Health	Ute Bültmann / Benjamin C. Amick /
	Applying Life Course Thinking to Research and Practice	Christopher McLeod/ Ida Madsen
12.30–13.30	<i>Lunch</i>	
13.30–14.15	Why Are Transitions Important?	Ute Bültmann / Ida Madsen
14.15–15.00	The Health-Work-Health Transition	Christopher McLeod
15.00–15.30	<i>Coffee break</i>	
15.30–16.30	Introducing Cases and Building Groups Groups Build Life Course Drawing from Case Provided	All lecturers
16.30–17.00	Groups Present Life Course Drawing and Discuss How Life Course Principles are Illustrated	Christopher McLeod
19.00–	<i>Dinner at the hotel</i>	

Wednesday, 5.10.2022

9.00–9.45	The School-to-Work / Work-to-Retirement Transition and other important Transitions	Ute Bültmann/ Christopher McLeod
9.45–10.30	Groups Update Life Course Drawing with Key Transitions	All lecturers
10.30–11.00	<i>Coffee break</i>	

11.00–11.45	Groups Present Updated Life Course Drawing and Discuss the Importance of Transitions as Policy and Practice Intervention Points	Benjamin C. Amick
11.45–12.30	Methods in Life Course Research	Christopher McLeod
12.30–13.30	<i>Lunch</i>	
13.30–14.15	Applying Methods in Life Course Research to Work and Health	Ida Madsen/ Christopher McLeod
14.15–15.00	Bringing Social Context into Working Life Trajectories	Benjamin C. Amick / Ute Bültmann
15.00–15.30	<i>Coffee break</i>	
15.30–16.15	Groups Update and Finalize Life Course Drawing, Preparation of short presentation	All lecturers
16.45–	<i>Social program and dinner</i>	
Thursday, 6.10.2022		
9.00–9.45	Summary and Integration of Key Life Course Concepts	All lecturers
9.45–10.30	Groups present Life Course Drawing	All lecturers
10.30–11.00	<i>Coffee break</i>	
11.00–11.45	Groups present Life Course Drawing	All lecturers
11.45–12.30	Applying Life Course Research to Policies and Practice to your home country	All lecturers
12.30–13.30	<i>Lunch</i>	
13.30–14.15	Awards Presentation and Group Reflections on Course	All lecturers
14.15–14.45	Closing of the course	Cecilia Weckman / Ute Bültmann
14.45–15.00	<i>Coffee and farewell</i>	