

A Life Course Approach to Work and Health

Fosshotel, Reykjavik, Iceland

4 – 6.10.2022

Tuesday, 4.10.2022

8.30–8.45	Course registration	
8.45–9.00	NIVA welcome and general information	Cecilia Weckman, NIVA
9.00–10.00	Participant Introductions	Ute Bültmann / Benjamin C. Amick
10.00–10.30	Mentor Introductions Overview of Course and Learning Objectives	All lecturers
10.30–11.00	<i>Coffee break</i>	
11.00–11.30	Life Course Principles in Work and Health	Ute Bültmann / Benjamin C. Amick
11.30–12.30	Challenges of Life Course Thinking to Research and Practice	Thomas Lund / Benjamin C. Amick
12.30–13.30	<i>Lunch</i>	
13.30–14.30	Introducing Cases and Building Groups Groups Build Life Course Drawing from Case Provided	All lecturers
14.30–15.00	Groups Present Life Course Drawing and Discuss How Life Course Principles are Illustrated	Christopher McLeod
15.00–15.30	<i>Coffee break</i>	
15.30–16.15	Why Are Transitions Important?	Ute Bültmann / Ida Madsen
16.15–17.00	The School to Work Transition	Sander van Zon / Thomas Lund
19.00–	<i>Dinner at the hotel</i>	

Wednesday, 5.10.2022

9.00–9.45	The Health-Work-Health Transition	Christopher McLeod / Thomas Lund
9.45–10.30	Groups Update Life Course Drawing with Key Transitions	All lecturers

10.30–11.00 *Coffee break*

11.00–11.45	Groups Present Updated Life Course Drawing and Discuss the Importance of Transitions as Policy and Practice Intervention Points	Sander van Zon
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11.45–12.30	Methods in Life Course Research	Christopher McLeod
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12.30–13.30 *Lunch*

13.30–14.15	Applying Methods in Life Course Research to Work and Health – An Interactive Session	Ida Madsen/ Christopher McLeod
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14.15–15.00	Bringing Social Context in to Working Life Trajectories – An Interactive Session	Benjamin C. Amick / Ute Bültmann
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15.00–15.30 *Coffee break*

15.30–16.15	Groups Update and Finalize Life Course Drawing	All lecturers
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16.45– *Social program and dinner*

Thursday, 6.10.2022

9.00–9.45	Conceptual Approaches to Building Working Life Trajectories	Sander van Zon / Thomas Lund
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9.45–10.30	Methodological Approaches to Building Working Life Trajectories	Christopher McLeod / Ida Madsen
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10.30–11.00 *Coffee break*

11.00–11.45	Building and Drawing A Case for Public Policy and Practice – An Interactive Session	Thomas Lund
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11.45–12.30	Applying Life Course Research to Policies and Practice to your home country	Ute Bültmann / Benjamin C. Amick
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12.30–13.30 *Lunch*

13.30–14.15	Awards Presentation and Group Reflections on Course	All lecturers
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14.15–14.45	Certificates and Closing of the course	Cecilia Weckman / Ute Bültmann
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14.45–15.00 *Coffee and farewell*