

## Health Promoting and Sustainable Leadership

Clarion Hotel Sign, Stockholm, Sweden

15.11.2022 – 17.11.2022

### Tuesday, 15.11.2022

9.15–9.30	Course registration & coffee	
9.30–9.45	NIVA welcome and general information	Linda Oksanen, NIVA
9.45–10.30	<b>Introductions</b> Scope and purpose of the course Learning objectives	Lotta Dellve, GU Andrea Eriksson, KTH
10.30–11.15	<b>Health promoting leadership in Nordic countries: concept and scope</b>	Andrea Eriksson
11.15–12.00	Cont. incl discussion	
12.00–13.00	Lunch	
13.00–13.45	<b>Health promotion through Nordic and global goals of sustainability and sustainable developments</b>	Lotta Dellve
13.45–14.30	Cont. incl discussion	
14.30–15.00	Coffee break	
15.00–16.30	<b>System approaches to understand complex health promoting and sustainable conditions</b>	Lotta Dellve
18.30 –	Dinner at the hotel	

### Wednesday, 16.11.2022

9.00–9.45	<b>Improving health promoting and sustainable leadership: (a) Strengthening leaders' preconditions</b>	Lotta Dellve Andrea Eriksson
9.45–10.30	<b>Group work / discussion</b>	Cont.
10.30–11.00	Coffee break	
11.00–11.45	<b>(b) Strengthening distributed leadership, democratic values</b>	Cont.
11.45–12.30	<b>Group work / discussion</b>	Cont.

12.30–13.30	<i>Lunch</i>	
13.30–14.15	<b>(c) Strengthening learning climate and evaluations</b>	<b>Cont.</b>
14.15–15.00	<b>Group work / discussion</b>	<b>Cont.</b>
15.00–15.30	<i>Coffee break</i>	
16.00–	<i>Social program and dinner</i>	

Thursday, 17.11.2022

9.00–9.45	<b>Leadership qualities and employee health and wellbeing</b>	<b>Sigrún Gunnarsdottir</b>
9.45–10.30	<b>Cont. incl discussion Group work / discussion</b>	<b>Cont.</b>
10.30–11.00	<i>Coffee break</i>	
11.00–11.45	<b>Health promoting and sustainable leadership in crisis</b>	<b>Sigrún Gunnarsdottir</b>
11.45–12.30	<b>Group work / discussion</b>	<b>Cont.</b>
12.30–13.30	<i>Lunch</i>	
13.30–14.15	<b>Participant's presentations</b>	
14.15–14.45	<b>Closing of the course</b>	<b>Lotta Dellve Andrea Eriksson Linda Oksanen</b>
14.45–15.00	<i>Coffee and farewell</i>	