

## Effective Strategies for Healthcare Leaders: Enhancing Well-Being at Work /Health promoting and sustainable leadership

University of Iceland, Reykjavík  
7.5 – 8.5.2025

Weekday, 7 May.2025

9.00 – 9.15	Course registration	
9.15 – 9.30	NIVA welcome and general information	<b>Julia Hemgård, NIVA</b>
9.30-10.00	<b>Introductions</b> Scope and purpose of the course Learning objectives	<b>Lotta Dellve,</b> University of Gothenburg  <b>Sigrun Gunnarsdottir,</b> University of Iceland
10.15-11.00	<b>Servant leadership and well-being at work</b>	<b>Sigrun Gunnarsdottir</b>
11.10-11.55	<b>Health promoting leadership from Nordic perspectives</b>	<b>Andrea Eriksson,</b> KTH Royal Institute of Technology
12.00-12.30	<b>Interactive session</b>	<b>all</b>
12.30-13.20	<i>Lunch</i>	
13.20-14.10	<b>Worker well-being, quality and teamwork</b>	<b>Timo Sinervo,</b> Finnish Institute of Health and Welfare
14.15-15.00	<b>Top-down, bottom-up approach to organizational development</b>	<b>Kasper Edwards,</b> Technical University of Denmark
15.00-15.30	<i>Coffee break</i>	
15.30-17.00	<b>Interactive sessions</b>	<b>all</b>
17.30	<i>Guided Tour and Dinner at Ráðagerði</i>	

Weekday, 8 May.2025

8.30	Opening of day 2	
8.40	<b>Health-promoting leadership and communication flow</b>	<b>Lotta Dellve</b>
9.30	<b>Session 1: Healthcare leadership</b>	
	<ul style="list-style-type: none"> <li>The design and content of a group-based program supporting first-line managers' recovery and their leadership for promoting employees' recovery</li> </ul>	<b>Anna Dahlgren,</b> Karolinska Institutet
	<ul style="list-style-type: none"> <li>Leadership culture in healthcare administration</li> </ul>	<b>Mira Karjalainen,</b> University of Helsinki
	<ul style="list-style-type: none"> <li>Agile Stepwise Quality Improvement – a way to support staff improvement initiatives and enhance change in volatile healthcare contexts</li> </ul>	<b>Monica Nyström,</b> Karolinska Institutet
	<ul style="list-style-type: none"> <li>The importance of leadership for role clarity and accountability in healthcare</li> </ul>	<b>Sigrún Gunnarsdóttir</b>
10.50	<i>Coffee</i>	
11.10	<b>Session 2: Healthcare leadership and well-being at work</b>	
	<ul style="list-style-type: none"> <li>Development of interactive workshops aiming at promoting and evaluating municipal managers' capability to have a voice in their working conditions</li> </ul>	<b>Andrea Eriksson</b>
	<ul style="list-style-type: none"> <li>Healthcare leaders in Iceland lived experience of leadership during a creeping crisis</li> </ul>	<b>Aðalheiður S Helgadóttir</b>
	<ul style="list-style-type: none"> <li>How can we combat future labor shortages in the healthcare sector? – Analyses of factors related to high staff turnover and of how organizations address future skill supply</li> </ul>	<b>Hanne Berthelsen,</b> University of Malmo
12.10	<i>Lunch and closing of course</i>	