

Finnish Presidency in the Nordic Council of Ministers

Conference on the Psychosocial Working Environment

– Effective Approaches to Improve the Psychosocial Work Environment and Enhance Employees' Well-Being

September 11, 2025, Helsinki, Finland
Scandic Marina Congress Center, Katajanokanlaituri 6

Mingle event

The conference will kick off with a Mingle event on September 10 at 18.00 at Scandic Marina Congress Center, with food and refreshments. (Please ensure you registered for the Mingle when signing up for the conference.)

Thursday 11.9.2025
(In-person only conference)

08.30– 09.00 Registration and light breakfast

Theme 1: Psychosocial Work Environment and Employees' Well-Being

09.00– 09.05 **Welcome and practical matters**

Moderator Sanna Kulmala: WORK2030 Programme Director, Finnish Institute of Occupational Health

09.05– 09.20 **Opening words**

Sanni Grahn-Laasonen, Minister of Social Security

09.20– 10.20 **Associations between work environment and employee well-being**

Mika Kivimäki, Professor of Epidemiology, Brain Sciences, University College London, UK and Clinicum, University of Helsinki

10.20–10.40 **Reflections & Key Takeaways** (Table Discussion)

10.40– 11.00 Coffee break

11.00– 11.30 **Observations of OSH enforcement and management of the psychosocial working environment**

Annika Nyman-Koskinen, Inspector, Occupational Safety and Health Administration

11.30– 12.00 **Mental health matters: Building a resilient workforce in the Baltic Sea Region**

Saara Rissanen, Project Manager, NDPHS Secretariat

12.00– 13.00 Lunch break

Theme 2: Developing a Healthy and Safe Psychosocial Work Environment

13.00– 14.00

Workplace interventions: How effective are organisational interventions?

Reiner Rugulies, Professor of Psychosocial Work Environment and Health, National Research Centre for the Working Environment, Copenhagen, Denmark

14.00–15.15

Coffee served with examples: Effective interventions and good practices at workplaces

Introductory: Obstacles to effective measures

Magnus Åkerström, Associate Professor, Institute of Stress Medicine (ISM), Region Västra Götaland, Sweden

Examples

15.15–15.30

Summary and closing of the conference

Director General Raimo Antila, Ministry of Social Affairs and Health