

## Occupational Health Research Using Job Exposure Matrices (JEM)

28.04.2026- 29.04.2026

STAMI, Oslo, Norway

Tuesday, 28.04.2026

08.30-09.00 Course registration

09.00-09.10 NIVA welcome and general information

Nathalie Rähä, NIVA

09.10-09.30 Introduction

Ragnhild Østrem, STAMI

09.30-10.15 **What is a JEM?**

Eirik Degerud, STAMI

10.15-10.45 *Coffee break*

10.45-11.30 **Does the perfect JEM exist?**

Susan Peters, UU

11.30-12.30 *Lunch at STAMI*

12.30-13.15 **Validity of JEM**

Ståle Østhus, STAMI

13.15-14.00 **Challenges in the application of JEM "elsewhere"**

Alexis Descatha, Inserm Univ Angers -CHU Angers/ Indiana Univ- Northwell-Hofstra

14.00-14.30 *Coffee break*

14.30-15.15 **JEM in publications - Editors perspective**

Annina Ropponen, FIOH/SJWEH

15.15- 16.00 Group discussion

17.15-  
 Social programme and dinner  
 17:15 Meet in the hotel lobby (Thon Hotel Gyldenløve).  
 Short walk to [Paint & Sip](#) for a painting workshop.  
 19:00 Three-course dinner at [Brasserie Blanche](#).

Wednesday, 29.04.2026

09.00-09.45 **Practical applications of JEM and analytical decisions**

Karina Undem, STAMI

09.45-10.30 **Measuring it all? The Case of SweJEM**

Jenny Selander, Karolinska Institutet

10.30-11.00 *Coffee break*

11.00-11.45 **The PRECISE JEM: Why pregnancy needs its own JEM** **Luise Mølenberg Bergtrup, Bispebjerg Hospital**

11.45-12.30 **Measuring emotional demands with JEM- an example** **Tom Sterud, STAMI**

12.30-13.30 *Lunch at STAMI*

13.30-14.30 Group work – case study

14.30-15.00 Discussion and reflections

15.00 Closing of the course