

Positive psychology at work: Towards flourishing workplaces
Radisson BLU Saga Hotel, Reykjavik, Iceland
28.08.2017 – 30.08.2017

Sunday 27 August 2017

19:00 – Get-together dinner

Monday 28 August 2017

9.30 – 9.45 Course registration

10.00 – 10.15 NIVA welcome and general information Katja Pekkarinen, NIVA

10.15 – 11.00 Introduction Jari Hakanen, FI
Maria Peeters, NL

11.00 – 11.15 Coffee

11.15 – 12.30 Lecture: Introducing strength-based leadership and development in organizations Lisa Vivoll Straume

12.30 – 13.15 Workshop: Practical training on methods for applying strength-based leadership and development Lisa Vivoll Straume

13.15 – 14.15 Lunch

14.15 – 15.00 Same topic continues Lisa Vivoll Straume

15.00 – 16.00 Lecture: Salutogenic approach to organizations and organizational change Georg Bauer

16.00 – 16.15 Coffee/Tea

16.15 – 17.45 Group work: Building salutogenic practices in organizations Georg Bauer

19.30 – Dinner

Tuesday 29 August 2017

9.00 – 10.15 Lecture: The science and practice of work engagement Wilmar Schaufeli

10.15 – 11.00 Group work Wilmar Schaufeli

11.00 – 11.15 Coffee

11.15 – 12.00	Group work continues	Wilmar Schaufeli
12.00 – 13.00	Lecture: Job crafting: How can employees themselves increase their well-being and meaningfulness at work?	Maria Peeters and Jari Hakanen
13.15 – 14.15	Lunch	
14.15 – 15.30	Individual and Group work	Maria Peeters and Jari Hakanen
15.30 – 16.00	Coffee	
16.00 – 17.00	Possibility for a poster or oral presentation of participants' research or practical activities, and discussion	Together
17.00 –	Free evening / optional Amazing race in Reykjavík	

Wednesday 30 August 2017

9.00 – 10.00	Lecture: Recover to discover: The importance of recovery for individual and organizational flourishing	Jessica de Bloom
10.00 – 11.00	Group work	Jessica de Bloom
11.00 – 11.15	Coffee	
11.15 – 12.15	Lecture: Compassion in workplaces	Anne Birgitta Pessi
12.15 – 13.15	Lunch	
13.15 – 14.15	Workshop	Anne Birgitta Pessi
14.15 – 15.00	Closing of the course and evaluation, joint discussion	Jari Hakanen, Maria Peeters Katja Pekkarinen
15.00 – 15.15	Coffee	
15.30 – 22.30	Social program – Blue Lagoon Dinner	