

## Prolonging Working Life among Senior Workers

Voksenåsen, Oslo, Norway

15.9 – 17.9.2020

Tuesday, 15.9.2020

9.15 – 9.30	Course registration	
9.30 – 10.00	NIVA welcome and general information	<b>Morten Jakobsen, NIVA</b>
10.00-10.30	Introductions Scope and purpose of the course Learning objectives	<b>Lars Andersen, NFA</b>
10.30-11.00	<i>Coffee break</i>	
11.00-11.45	<b>Trends in retirement across Europe</b>	<b>Lars Andersen, NFA</b>
11.45-12.30	<b>Reasons for leaving or staying: Push, stay, stuck, pull and jump factors</b>	<b>Lars Andersen, NFA</b>
12.30-13.30	<i>Lunch</i>	
13.30-14.15	<b>Importance of lifelong learning</b>	<b>Emil Sundstrup, NFA</b>
14.15-15.00	<b>Adaptation strategies among senior workers: Selection, optimization and compensation</b>	<b>Annette Meng, NFA</b>
15.00-15.30	<i>Coffee break</i>	
15.30-16.15	Group work – How to work with push, stay, stuck, pull or jump factors at the workplace	<b>Facilitators: Emil Sundstrup and Annette Meng</b>
16.15-17.00	Group work - How to work with and understand different adaptation strategies	<b>Facilitators: Emil Sundstrup and Annette Meng</b>
19.00 –	<i>Dinner at the hotel</i>	

## Wednesday, 16.9.2020

9.00–9.45	<b>Why do some retire early while others keep working beyond retirement?</b>	<b>Allard van der Beek, VU University Medical Centre</b>
9.45–10.30	<b>Working life expectancy: concept and overview of the research</b>	<b>Solovieva Svetlana</b>
10.30–11.00	<i>Coffee break</i>	
11.00–11.45	<b>The Nordic project: Working environment and work retention</b>	<b>Ingrid S. Mehlum, STAMI</b>
11.45–12.30	<b>Pros and cons of new technologies for older workers</b>	<b>Emil Sundstrup, NFA</b>
12.30–13.30	<i>Lunch</i>	
13.30–15.00	Group work	<b>Facilitators: Emil Sundstrup and Annette Meng</b>
15.00–15.30	<i>Coffee break</i>	
16.00–	<i>Social program and dinner</i>	

## Thursday, 17.9.2020

9.00–9.45	<b>Senior policies at the workplace I</b>	<b>TBC</b>
9.45–10.30	<b>Senior policies at the workplace II</b>	<b>TBC</b>
10.30–11.00	<i>Coffee break</i>	
11.00–11.45	Group work – senior policies in practice	<b>Facilitators: Emil Sundstrup and Annette Meng</b>
11.45–12.30	Group work – senior policies in practice	<b>Facilitators: Emil Sundstrup and Annette Meng</b>
12.30–13.30	<i>Lunch</i>	
13.30–14.15	Group presentations	<b>Facilitators: Emil Sundstrup and Annette Meng</b>
14.15–14.45	Closing of the course	