

## Finnish Presidency in the Nordic Council of Ministers

# Conference on the Psychosocial Working Environment – Effective Approaches to Improve the Psychosocial Work Environment and Enhance Employees' Well-Being

September 11, 2025, Helsinki Finland  
Scandic Marina Congress Center, Katajanokanlaituri 6

Thursday 11.9.2025  
(In-person only conference)

08.30– 09.00 Registration and coffee

*Theme 1: Psychosocial Work Environment and Employees' Well-Being*

09.00– 09.05 **Welcome and practical matters**  
Moderator Sanna Kulmala, Programme Director, Finnish Institute of Occupational Health

09.05– 09.20 **Opening words**  
Ministry of Social Affairs and Health

09.20– 10.20 **Associations between work environment and employee well-being**  
Mika Kivimäki, Professor of Epidemiology, Brain Sciences, University College London, UK and Clinicum, University of Helsinki, Finland

10.20– 10.40 **Reflections:** Most relevant factors affecting the psychosocial working environment

10.40– 11.00 Coffee break

11.00– 11.30 **Observations of OSH enforcement and management of the psychosocial working environment**  
Annika Nyman-Koskinen, Inspector, Occupational Safety and Health Administration

11.30– 12.00      **Mental Health Matters: Building a Resilient Workforce in the Baltic Sea Region**  
Saara Rissanen, Project Officer, NDPHS Secretariat

12.00– 13.00      Lunch break

*Theme 2: Developing a Healthy and Safe Psychosocial Work Environment*

13.00– 14.00      **Workplace interventions: How effective are organisational interventions?**  
Reiner Rugulies, Professor of Psychosocial Work Environment and Health, National  
Research Centre for the Working Environment, Copenhagen, Denmark

14.00–15.15      **Coffee served with examples: Effective interventions and good practices at  
workplaces**

15.15–15.30      **Summary and closing of the conference**  
Liisa Hakala, Director, Ministry of Social Affairs and Health  
Raimo Antila, Director General, Ministry of Social Affairs and Health